DISTRICT 22-D BULLETIN

ISSUE 2 August 2019

1



Serving Humanity ~ Changing Lives





DG Kenny's Message

Greetings Fellow Lions,

The Banner Transfer was held on July 30th and was a great success. Thanks to all who attended. This year's pin was distributed to the clubs. If your club needs more pins or if you want a pin please let me know. I heard many compliments on the design and decided to share how I envisioned the pin and what it represents. I began with the background being the buff diamond. Delaware is sometimes referred to as the diamond state and the diamond is displayed on the Delaware state flag. The shape of Delaware is located in the middle of the diamond and colored colonial blue. These two colors are the state colors. Next, you will see three icons: Blue Hen, Holly Tree, and the Horseshoe Crab. In my mind these three state symbols represent the three regions or counties of Delaware. The word Delaware is vertical going through all three counties bridging us together. The years 2019-2020 represents the current Lion year. The Lions logo is included representing who we are. The Blue Hen is facing Delaware, watching over us. The Blue Hen is a bird with determination. It reminds me of Lions determination to succeed - to follow a plan and not give up. The holly tree represents life. It has roots deep in Delaware history. It reminds me of a family tree with branches. Lions, we are a family. Horseshoe Crabs have been around since prehistoric times. I hope Lions will have the same longevity as the horseshoe crab. Finally, these Delaware symbols are interchangeable. They can be found in more than one county or region in Delaware. So you can pick the symbol that you like to represent your county or region. So please wear our pin proudly and share the story with other Lions, family, and friends.

Lions in the spotlight! Do you have someone in mind, who should be in this section? There are many Lions, who go unnoticed and I would like to showcase them in this area. Email me a short description of your Lion(s) and I will try to include them in a future letter.

Trivia question for this month! Who is the current Past International Director from 22-D? The 5th person to email me will be the winner. Good luck to all! Last month's winner was Geraldine Cochran from the Wilmington Gateway Lions Club. The answer was VDG Tony Lee.

Looking Ahead

September is Vision Awareness Month September is Lions Membership Growth Month

September is Leo Membership Month

September: Club visitations begin

September 19 – 21: USA/Canada Forum, Spokane, Washington September 25 – 27: Leader Dog Bus Trip, Rochester Hills, Michigan

Yours in SERVICE, DG Kenny Vincent

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Vice District Governor



Greetings Lions,

This year I'm going to focus on LCI Causes in my column. I feel it's important to be aware of our international and district objectives and to link within our service activities and projects, to do our part to make a difference. The first topic I present is a cause near and dear to my body – Diabetes.

According to the World Health Organization (WHO) <u>https://www.who.int/</u>, over **422 million** people are living with diabetes around the world; **1 in 3** low income regions say they have the technology to diagnose and manage diabetes. Diabetes contributes to over 5 million deaths each year and is the 8th leading cause of death in the world. The sad news is the numbers are raising.

According to the LCI Website, LCI and clubs around the world have taken on the challenge to educate communities and establish initiatives and programs to improve the lives of those living with diabetes and help prevent others from developing type two diabetes. Last year, as your District Diabetes Chair, I had the opportunity to visit clubs with my story of diabetes and a call for service to be active in your communities by incorporating diabetes awareness and education within service projects and activities. I heard great stories and commitment from clubs of service.

Let's start with the basics by answering the question - what is diabetes? Diabetes is a chronic condition that occurs when the body can't produce enough insulin or can't properly use the insulin that's available. This condition is personal to an individual as each person's chemical makeup is different. To counter this condition, we need to educate ourselves and our communities on the effects of diabetes. We need to take on challenge of a healthy lifestyle into the future and lead by example.

The staggering fact that 50 percent of individuals with diabetes don't even know they have it is a great point emphasis. This is our target opportunity to deliver the diabetes message to the community for health checkups and/or screening and healthy lifestyles of exercise and eating healthy. We need to energize our younger generation, as diabetes is growing in youths, due to lack of exercise and poor eating habits.

Last year I initiated discussion with representatives from the Delaware Diabetes and Heart Disease Program <u>https://www.dhss.delaware.gov/dhss/dph/dpc/diabetes.html</u> and the Medical Reserve Corp <u>https://sites.udel.edu/delawaremrc/</u> on establishing a partnership of collaboration. This was evident for those that attended the MD22 Convention this year to witness my service project of an information table focused on diabetes. This year we are going to work to improve our partnership within this group, as they offer education and programs to add to our projects. The Delaware Diabetes Coalition is hosting their annual Diabetes Wellness Expo on November 19th at the Dover Downs <u>https://www.dediabetescoalition.org/wellness-expo/</u>.

Let's do our part, start with you and family and let it spread throughout your community!

VDG Tony Lee

LETTERFROM THE EDITOR

Dear Lions of 22D:

Just wanted to give you some information about the District Bulletin for the 2019-2020 Lion Year. If you want any information in the bulletin whether it is a summary of what your club has done the previous month, information about your fundraisers or publicity articles that have been published in your local newspapers PLEASE send it to me **before the 15th of the month.**

The email address is begailkrebs@gmail.com

You can expect the bulletin in your email box within a few days after the deadline. I will be using publisher, like many previous editors and I have used in the past.

Please do not hesitate to send me any suggestions you might have for the bulletin.

I look forward to being the 22D Bulletin Editor and thank DGE Kenny Vincent for the opportunity to serve the District in this capacity.

Yours in Lionism,

PCS Gail Krebs

CABIMET 41 517 ATION SCHEDULE 2019/2020

Santanalaan 05	7.00	Manual and a 11	1 st There does
September 05	7:00pm	Murderkill	1 st Thursday
September 09	5:00pm	Green Hills	2 nd Monday
September 10	6:00pm	Millsboro	2 nd Tuesday
September 12	6:30pm	Milford	2 nd Thursday
October 01	6:30pm	Glasgow	1 st Tuesday
October 03	6:30pm	Wilmington Gateway	1 st Thursday
October 07	noon	Midway	1 st Monday
October 09	6:30pm	Delmar	2 nd Wednesday
October 15	6:00pm	Bellefonte	3 rd Tuesday
October 16	6:00pm	Capitol	3 rd Wednesday
October 17	6:30pm	Wilmington Manor	3 rd Thursday
October 28	6:30pm	Middletown	4 th Monday
November 04	noon	Fenwick Island	1 st Monday
November 04	6:30pm	Talleyville-Naamans	1 st Monday
November 07	7:00pm	Dewey Beach	1 st Thursday
November 12	6:30pm	Smyrna	2 nd Tuesday
November 13	6:30pm	Delaware City	2 nd Wednesday
November 18	6:30pm	Seaford	3 rd Monday
November 20	6:45pm	Clayton	3 rd Wednesday
November 25	6:45pm	Camden-Wyoming	4 th Monday
I OC	(20		1 St N C 1
January 06	6:30pm	Brookside	1 st Monday
January 08	6:30pm	Lewes	2 nd Wednesday
January 13	6:00pm	Harrington	2 nd Monday
January 15	6:30pm	Lord Baltimore	3 rd Wednesday
January 16	6:30pm	Bridgeville	3 rd Thursday
January 20	6:30pm	Frederica Spring Creek	3 rd Monday
January 22	6:30pm	Claymont	4 th Wednesday
January 23	6:30pm	Laurel	4 th Thursday
February 03	6:30pm	Pike Creek-Hockessin	1 st Monday
February 04	6:30pm	Newark	1 st Tuesday
February 10	6:30pm	Milton	2 nd Monday
February 12	6:30pm	Rehoboth	2^{nd} Wednesday
February 17	6:30pm	Dover	3 rd Monday
February 19	6:30pm	Greenwood	3 rd Wednesday
February 24	6:00pm	New Castle Hundred	4 th Monday
	or opin		. monday

Delaware State University TBD

- District W District A District D District B District C
- Frederick, MD Baltimore, MD Harrington, DE Cambridge, MD Lanham, MD

DISTRICT 22-D EVENTS

SOCIALS

First Cabinet Meeting Pres/Sec/Treas/Membership **DLF Board Meeting** USA/Canada Forum Leader Dog Bus Trip LEO Bash LVRF Vision Month LVRF Aim for Sight Sight Night Second Cabinet Meeting **DLF Board Meeting** Vision Impaired Party Region 2 Governor's Ball Vision Impaired Party Region 3 Vision Impaired Party Region 1 Melvin Jones Breakfast DLF Board Meeting Polar Bear Plunge **DLF Breakfast** Third Cabinet Meeting MD 22 Regional Institute **DLF Board Meeting** Mid-Winter Social **Bowling Tournament** Leader Dog North Leader Dog South **Delaware State Lions Day** LVRF Dinner **DLF Walk** Fourth Cabinet Meeting MD 22 Convention Ocean City **DLF Board Meeting** Memorial Day Parade Wash. DC District 22-D Leadership School **Special Olympics Games** Blue Gold Football Game LCI Convention – Singapore

October 5, 2019 November 9, 2019 December 7, 2019 March 7, 2020 April 18, 2020

August 18, 2019 August 27. 2019 September 17, 2019 September 19-21 2019 September 25-27, 2019 September 29, 2019 October 2019 October 12, 2019 October 29, 2019 October 30, 2019 November 19, 2019 December 5, 2019 December 7, 2019 December 10, 2019 December 14, 2019 January 11, 2020 January 21, 2020 February 2, 2020 February 15, 2020 February 25, 2020 TBD March 17, 2020 March 21, 2020 March 22, 2020 March 30, 2020 March 31, 2020 TBD TBD April 26, 2020 April 28, 2020 May 11-14, 2020 May 19, 2020 May 25, 2020 June 6, 2020 June 12-13-2020 June 19, 2020 June 26-30-2020

NEWS FROM THE DISTRICT

DISTRICT 22-D 2019-2020 ROSTER BOOK

The District 22-D 2019-2020 Roster Book is now available online http://www.golions22d.org

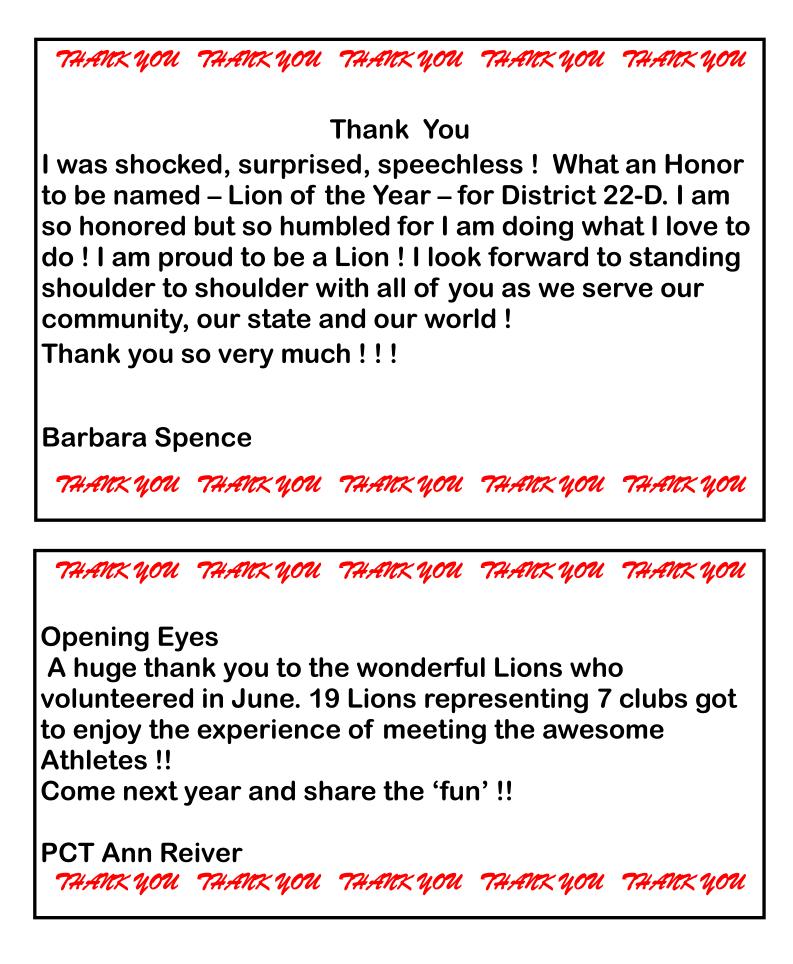
Banner Transfer

Here's the link to the photo show for Banner Transfer held on July 30, 2019

If anyone has trouble viewing the show Please let me know. You do need flash player to view. This can be downloaded free. I suggest you google "flash player" and download it from there.

http://www.photoshow.com/watch/YJ2yG3xm

NEWS FROM THE DISTRICT





The International Association of Lions Clubs DISTRICT 22-D - 2019-2020 KENNY VINCENT DISTRICT GOVERNOR Serving Humanity ~ Changing Lives



DG Kenny Vincent 206 Swedes Street Dewey Beach, DE 19971 (302) 381-1700 kennyv927@gmail.com

VDG Edward (Tony) Lee 121 Birkdale Lane Camden, DE 19934 (302) 698-5144 tleesports@gmail.com

CS Janet Bauer 30854 Hidden Lane Ocean View, DE 19970 (302) 537-5175 csjanetbauer@hotmail.com

CT Daniel Harper 23322 Greenbank Rd. Harbeson, DE 19951 302-539-1164 ctdharper@gmail.com

Region 1 Chair - Gail Krebs pcsgailkrebs@gmail.com Zone 1 Chair - Daniel Elkins delkins@believuecc.org Zone 2 Chair - Tommy Lu tommylu1999@gmail.com

Region 2 Chair - Kate Roshon lionkateroshon@gmail.com Zone 1 Chair - Ron Cox art@nuimage.com Zone 2 Chair - Susan Shore pseusure@comcast.net

Region 3 Chair - Randy Friend Randy_friend@hotmail.com Zone 1 Chair - Linda St. Clair lionlindafilc@gmail.com Zone 2 Chair - David Mitchell david.mitchell@mchsi.com August 1, 2019

Greetings Club President/Secretary:

The President/Secretary/Treasurer/Membership Chair Dinner will be held on August 27th, 2019 at the Modern Maturity Center in Dover. There will be a Social time beginning at 5:30pm with dinner starting promptly at 6:30 pm.

It is requested that each Club send their officers to this meeting; to qualify for 100% Club Pres., Sec., Treas, or Membership the officer must attend. If any other members would like to attend; it is open to them as well. The International Program will be presented and District Governor Kenny will give an overview of his goals for the year.

Please return the attached RSVP with your payment. The cost of the meal will be \$20.00 per person. Make checks payable to District 22-D.

It is imperative that you RSVP before August 20th, 2019 so that a final count can be given to the Modern Maturity staff. No money will be collected at the door. If you should have any questions, please contact me by e-mail at <u>csjanetbauer@hotmail.com</u> or by phone at (302)537-5175.

Thank you for your prompt reply.

Yours in service, Janet E. Bauer 22-D Cabinet Secretary

Please detach here and mail with payment

Contact Name	
E-mail address:	

Club:

Number to Attend: ______ @ \$20 each, Amount Enclosed: _____ Please list attendees on back of this form, also any special dietary needs.

Checks payable to District 22-D Please send RSVP & payment to: CS Janet Bauer 30854 Hidden Lane Ocean View, DE 19970

LIONS TRIP TO LEADER DOG ROCHESTER HILLS, MICHIGAN

DEPART ON September 25thTH - RETURN 27TH

TRANSPORTATION - JOR LIN Bus - Leaving from Dover

Hotel-Quality Inn & Suites - Troy, MI (Located 8miles From Leader Dog)

Hotel - DoubleTree by Hilton - Westlake, OH (Sept.. 26th)

Price – PER Couple \$515.00 Single \$335.00

Price Includes: Bus

Continental Breakfast September 25th^h Hotel 2 nights Hot Breakfast each morning 1 Lunch – Leader Dog September 26th 2 Dinners Bus Snacks

Deposit \$150.00 per person confirms your reservation

Final Payment Due: September 2nd 2019

Make check payable to Delores Springer - Please put Leader Dog Tour in memo

Mail check and reservation form to: Delores Springer Attn: Leader Dog Tour 224 West Shore Drive Milton, DE 19968

NO REFUND OF DEPOSIT AFTER SEPTEMBER 2, 2019



LIONS TRIP TO LEADER DOG RESERVATION FORM

Please fill out information requested below and return with deposit:

Couple \$515.00 Single \$335.00

Deposit of \$150.00 per person confirms your reservation

	Zip Code
	Zip Code
Cell No	
Name	

Room Choice (circle) King Two Doubles

Make checks payable to: Delores Springer - Leader Dog Tour in memo

Mail Check to:

Lion Delores Springer Attn: Leader Dog Tour 224 West Shore Drive Milton, DE 19968-1147



DISTRICT 22D GLOBAL ACTION TEAM DG KENNY VINCENT 2019 - 2020



Mark this date on your calendars!!! September 28, 2019.

The 22D GAT will be holding a Roundtable Discussion tentatively titled District Roster Book 101. Discussion will be divided into 3 parts. The Roster Book, District Contests and Awards, and all about Visitations.

Most of us receive a District Roster Book, usually in the beginning of the year, but what do we do with it?

- · Do we ever look at it?
- Who are our District Officers?
- Who is our International President?
- Who is my zone chair?
- Who do I contact about Leader Dog?
- Who should I contact to have a speaker from Special Olympics come to my club?
- Do we know how to find what is happening when?
- What contests for the clubs are run in the district?
- How are the winners determined?
- What clubs have hospital equipment?
- Who are the district governors in the other districts?
- What are the other districts?



District 22-D

The answers to all these questions and so many more are found in your District Roster Book!

Come join us on September 28th at St. Andrews Lutheran Church in Dover from 9:30AM to 11:30AM and find out where the answers to these questions are hidden.

This roundtable is open to all Lions and new Lions are especially encouraged to attend. Please contact PCC Ralph and let him know how many from your club will be attending or if you have any questions. pcc.ralph@gmail.com

St. Andrews Church is located at 425 N Dupont Hwy, Dover, DE 19901.

SAVE SAVE DISTRICT 22-D SIGHT NIGHT

10.29.19 | 5:30 PM ONWARDS DOVER DOWNS HOTEL & CASINO 1131 N. DUPONT HWY. DOVER, DE

RSVP WITH YOUR NAME & CLUB BY OCTOBER 1, 2019 \$20 PER GUEST I CONTACT JERILYN GIARDINA CALL 215-563-1679 IEMAIL JERILYN@LEBDV.ORG PLEASE MAKE CHECK PAYABLE TO: LIONS EYE BANK OF DELAWARE VALLEY 401 N. 3RD ST, STE 305, PHILADELPHIA, PA 19123

Lions Eye Bank of Delaware Valley





Serving Humanity ~ Changing Lives

GOVERNOR'S BALL

TO HONOR

DISTRICT GOVERNOR KENNY VINCENT AND FIRST LADY CINDY MILLER VINCENT

DECEMBER 7, 2019

HARRINGTON RACEWAY & CASINO

18500 S. DUPONT HWY.

HARRINGTON, DE 19952

ACCOMMODATIONS ARE AVAILABLE:

HOLIDAY INN EXPRESS 17271 S. DUPONT HWY.

HARRINGTON, DE 19952

PHONE: 302-398-8800

MENTION: LIONS CLUB DISTRICT 22

MORE DETAILS TO FOLLOW

LIONS CLUB INTERNATIONAL FOUNDATION



August, 2019

Campaign 100

A Campaign to Empower the Service of Lions \$300 Million / \$97,669

Congratulations - Disgrict D has doubled what was donated all of last year!

The bar has been set high by LCIF for District MD 22 – D and as of June 30, 2019, the district has donated \$71,766.34 toward this year's LCIF goal. This new donation figure is more than twice what was donated all of the last year. The best way that Lions can help the victims of the floods in the Midwest is to donate to LCIF and this year make a personal pledge to "Campaign 100". Where there is a need there is a Lion ready to help!

The Honorary Committee Challenge headed by PDG Jim Minnich and PDG David E. Jones have asked all 35 PDG's to pledge \$1,000 toward "Campaign 100" and 12 PDG's have pledged already. Also, twenty-two other Lions have made their pledges. See the Lion Wall of Honor below. Please, make sure that you let me when you have made a "Campaign 100" pledge.

Thank you all for what you have already done to support LCIF, your foundation, and what you can do to support Campaign 100.

Yours in Lionism,

PDG A. Kendall "Ken" Chew, III, LCIF Co-Coordinator

PDG Karl Gude, LCIF Co-Coordinator

LIONS CLUB INTERNATIONAL FOUNDATION

Page 2

Past District Governors' Wall of Honor

- 1. PID Ted Reiver Talleyville-Naamans Lions Club June 15, 2018
- 2. PDG Ken Chew Claymont Lions Club July 21, 2018
- 3. PDG Jim Minnich Wilmington Gateway Lions Club August 26, 2018
- 4. PCC Ralph Shieferstein Dover Lions Club September 22, 2018
- 5. PDG Mary Lee Phillips Millsboro Lions Club October 2, 2018
- 6. PDG David E. Jones New Castle Hundred Lions Club October 3, 2018
- 7. PDG John Shwed Laurel Llons Club February 5, 2019
- PDG Karl Gude Lord Baltimore Lions Club May 3, 2019
- 9. PDG Robert "Bob" Daniels Clayton Lions Club May 5, 2019
- 10. PCC Don LeCates Claymont Lions Club May 15, 2019
- 11. PDG Richard Merriwether (deceased) Formerely of

the Rehoboth Beach Lions Club – June 8 2019

12. PCC Grant Curtis (deceased) - Formerely of the Milford Lions Club

June 1, 2019

Lions Wall of Honor

- 1. PCT Anne Reiver Talleyville-Naamans Lions Club June 15, 2018
- 2. Lion Marie Chew Bellefonte Lions Club September 22, 2018
- 3. KL Daniel Elkins Bellefonte Lions Club September 22, 2018
- 4. Lion Sheila Schiefersten Frederica-Spring Creek Lions Club

September 22, 2018

- 5. Lion Thomas Foreman Bellefonte Lions Club October 9, 2018
- 6. Lion Kate Roshon Smyrna Lions Club October 9, 2018
- 7. Lion Tom McDonough Claymont Lions Club October 24, 2018
- 8. Lion Frazier Van Velsor Claymont Lions Club October 24, 2018
- 9. Lion Mel Nace Capitol City Lions Club December 7, 2018

Page 3

 Lion Hayat Omar-Hubert – Bellefonte Lions Club – December 7, 2018
 Lions Clyde and Cheri Bragg – Milford Lions Club & Frederica Spring Creek Lions Club – January 12, 2019
 PCS Janet Baurer – Lord Baltimore Lions Club – January 16, 2019
 Lion Jack Baurer – Lord Baltimore Lions Club – January 16, 2019
 Lion John Monahan – Lord Baltimore Lions Club – January 16, 2019
 Lion Thomas Roth – Lord Baltimore Lions Club – January 16, 2019
 Lion Nancy Czerwinski – Milton Lions Club – February 4, 2019
 Lion Gailly Wadkins-Berry – Milton Lions Club – February 4, 2019
 Lion John Farr – Pike Creek Valley – April 12, 2019
 Lion Patricia Monahan – Lord Baltimore - April 25, 2019
 Lion Regina Daniels – Clayton Lions Club – May 5, 2019

22. Lion David Mitchell – Millsboro Lions Club – July 30, 2019

LIONS CLUB INTERNATIONAL FOUNDATION

PLEDGE INFORMATION	
I/We pledge a total contribution of US\$	6 to Lions Clubs International Foundation.
PA	YMENT OPTIONS
Payment Frequency (choose one)	Payment Method (choose one)
Monthly	Credit Card* ACH*
Quarterly	*Please have Donor Services contact
C Annually	me to facilitate my donation.
Visit Icif.org/donate to make your g	gift online and to learn about other ways to give.
DONOR INFORMATION For pledge recognition and recording p and check one box below. Name (please print)	ourposes, please provide the following information
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FUNDRAISERS



Serving Humanity ~ Changing Lives

FUNDRAISERS



MILFORD LIONS ANNUAL CAR SHOW

SEPT. 28TH 2019 9 A.M. TO 1 P.M. (RAIN DATE SEPT. 29TH 2019) MILFORD SENIOR HIGH SCHOOL, MILFORD, DE ** PROFESSIONAL JUDGED ALL WELCOME: TRUCKS, MODIFIED, HOT RODS, STOCK 3 TROPHIES PER CLASS/BEST OF SHOW ** DASH PLAQUES TO FIRST 100 ENTRIES ASPHALT PARKING. FREE SODAS AND COFFEE. FOOD. MUSIC.

NAME:	PHONE:
MAKE/YEAR/MODEL:	
CLASS:	
EMAIL:	
ENTRY FEE \$10 (\$8 SEC	OND CAR) (\$15 DAY OF SHOW)
PAYABLE TO: MILFORD	LIONS
CENTRE TO ANTI FORD I L	ONG OT THE CAR SHOW

SEND TO: MILFORD LIONS CLUB CAR SHOW,

PO BOX 25, MILFORD, DE 19963

ADDITIONAL INFORMATION CONTACT:

RUSS NAGLE 302.396.0537 NAGLER8124@GMAIL.COM

FUNDRAISERS

FREDERICA SPRING CREEK VESE AUCTION 8.10 The Frederica Spring Creek Lions are bringing back our Chinese Auction in October. We have already received some nice items (Fall and Christmas items, glassware, puzzles, decor) and continue to collect more. Plan your visitation with us in October to enjoy this fun event and bring a friend. DATE: October 21, 2019 TIME: 6:30 PM PLACE: Trinity UM Church, Frederica RSVP: Lion BJ by October 11 at 302-284-937

FUNDRAISERS





Milton Lions Club Sweet Potato Fundraiser

Milton Lions Club will selling sweet potatoes by the pound. We will start in October. The price is \$1.00 per pound and we will try to mix the sizes. Please mail your order to James Coverdale 12389 Union St. Ext. Milton, De.19968.

The sales will be first come till they are gone.



NEWS YOU CAN USE

Retina risk app tool empowers diabetic patients worldwide

SIGHT-THREATENING RET	
3.30% N 1 YEAR 0.0 4.5	16.5% IN 5 YEARS
HEALTH MEASURE	MENTS
HbA1c (mmol/mol)	50
Blood Pressure	160 / 100
-0-0-	
Diabetes Type	
None Type 1	Type 2
Duration of Diabetes (years)	10

A novel and free app has been developed to help diabetic patients assess their risk for the development of diabetic eye disease and set goals accordingly.

A new tool (<u>Retina Risk App</u>, <u>Risk Medical Solutions [RMS]</u>) helps patients with diabetes assess their risk for the development of diabetic eye disease. What sweetens this news even more is that the app is free and usable with both Android and iOS platforms.

"This mobile app should empower patients to better understand their own risk profiles for eye disease and motivate them to modify their personal risk factors," said <u>Einar Stefánsson, MD, PhD</u>, professor of ophthalmology and physiology, <u>University of Iceland</u>, National University Hospital, Reykjavík, and one of the co-founders of RMS.

The availability and importance of a tool such as this is underscored by how pervasive diabetes has become.

"The global diabetes epidemic has tripled since 2000, to some 430 million persons worldwide, and is expected to exceed 600 million by 2045," Dr. Stefánsson noted. "Two-thirds of persons with diabetes develop <u>diabetic</u> <u>retinopathy</u> and one-third develop sight-threatening diabetic retinopathy over 20 years. These patients are at high risk of visual impairment or even blindness if not diagnosed and treated in a timely manner."

The upside to this scenario is that routine eye screening and preventive treatment dramatically reduce blindness that develops as the result of diabetes, which is where the app comes into play.

"The Retina Risk App is a clinically validated risk calculator that allows people with diabetes to assess in realtime their individualized risk for development of sight-threatening diabetic retinopathy, based on their risk profile," said Arna Gudmundsdottir, MD, diabetologist at <u>Landspitali University Hospital</u>, Department of Endocrinology, the National University Hospital, Reykjavik, Iceland, and also co-founder of RMS.

HEARING LOSS ASSOCIATION DELAWARE CHAPTER

Before is information from Linda Heller who spoke at the Convention in May about hearing.

Our first meeting of HLADE, Lewes Chapter will be at Beebe Hospit Llewes on Sat, Sept 5th. JoAnn AMMAN will be Support Group LEDer. Meeting is from 10 -noon.



HLADE DELAWARE MONTHLY CHAT/SUPPORT GROUPS

The Hearing Loss Association of Delaware (HLADE) has 3 CHAT/SUPPORT groups statewide that offer help and hope to people with hearing loss, their families and friends. HLADE, an affiliate of the Hearing Loss Association of America (HLAA), has opened the world of communication to people with hearing loss in Delaware since 1984 and has support groups in Wilmington, Newark and Smyrna Delaware. All are welcome to attend, help one another, meet new friends and learn more about hearing loss. Support/Chat groups meet monthly and groups decide whether to meet in the summer.

The Wilmington Chat Group meets at the Kirkwood Highway Library, Community Room, 2nd Saturday of every month from 1:00pm - 3:00pm.

The Newark Chat Group meets at the Newark Senior Center, classroom wing, on the first Wednesday of every month from 10:00am to 11:30am. The Senior Center offers transportation.

The Kent County Chat Group meets at the Mamie Warren Senior Center, 1775 Wheatleys Ford Rd, Smyrna, DE 19977 from 10:30am to 11:30am on the second Tuesday of every month. The Senior Center offers transportation.

The **Sussex County Support/Chat Group** will begin meeting in September 2019 at the Lewes Library in Lewes, Delaware.

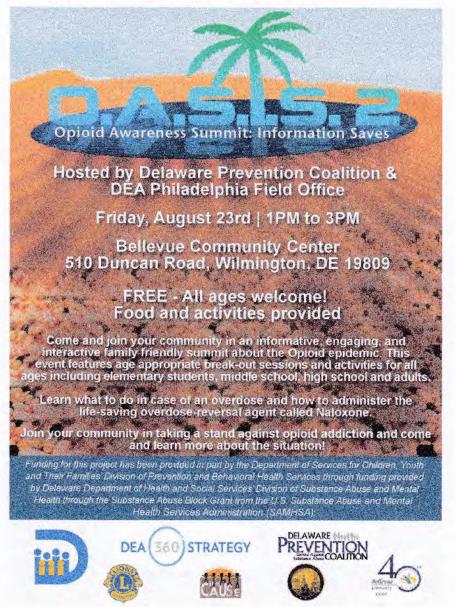
Chat groups offer information, education, support, assistance and speakers of special topics for anyone interested in learning more about preventing, understanding or treating hearing loss. Linda Heller,M.A.C.C.C.A.,C.M.,CAP-S, audiologist, consumer and President of HLADE will answer questions on hearing loss. We welcome everyone to join us! HLADE offers help and hope to people with hearing loss, their caregivers and friends!

For further information or to start a new online or in person chat group contact Linda Heller email at <u>hlade@comcast.net</u> or call (302) 276-0956 (V/Relay) or go to HLADE website at <u>www.hlade.org</u> or go to www.facebook/<u>https://www.facebook.com/groups/1029205117128689/</u>

BELLEFONTE LIONS CLUB

The Bellefonte Lions have partnered with the Drug Enforcement Administration and the Delaware Prevention Coalition to host an Opioid Awareness event for the community. Lions will work with federal agents, drug prevention specialists and community members to educate 150 elementary school youth about the dangers of prescription medicine and how to make positive life decisions through using Lions Quest. The event will be held on August 23rd at the Bellevue Community Center.

They will also be distributing 335 backpacks filled with school supplies to youth in the their service area for a back to school event.



CLAYMONT LYONS CLUB

Due to the severe thunderstorm warning we had to reschedule our Annual Picnic from Wednesday, August 7 to the following night. We also moved it from Bellevue State Park to Fox Point State Park. Because of the reschedule a few could not make it but those that did make it had a GREAT time.



Gorgeous weather and our ship came in!!!!



We had a Hawaiian-themed picnic and some members came dressed the part.



Our cooks Lion Kirt Krebs, PCC Don LeCates, PCC Lee Bird & Lion Bob Hershberger

BROOKSIDE LIONS CLUB

Brookside Lions continue with community road clean up, helping families with food from our food pantry, recycling eyeglasses, and providing hospital equipment to those in need.

Lion Fred Williamson and Lion Steve Dagg visited the Delaware School for the Deaf's Summer Camp and Lion Steve dressed up in the Lion suit.

The Delaware Lions Sight Team is helping us with eyeglass frames to be sent to Bangladesh.

We will be parking cars again at the University of Delaware football games.

We are planning a new fundraiser, Dinners for a Week Raffle, more details available next month.

CLAYTON LIONS CLUB

Clayton Lions does not have a regular meeting in July or August-just board meetings. The club helped Harrington with its fund raiser at the Delaware State Fair. Thirteen of our members helped with the shuttles inside the fair grounds in order to help Harrington Club and to raise money for Clayton Club. Of course, we continue to give eye glasses, collect eye glasses, feed the elderly, loan hospital equipment, and so on. Eleven members of our club went to the Banner Transfer and four to the District Turnover meeting.

CAPITOL CITY LIONS CLUB

Capitol City Lions has created an award to honor and support outstanding graduating seniors of Polytech high School. We named this award in honor of member and longtime club president Lion Mel Nace. Lion Mel is suffering from a serious illness and recently moved to Pennsylvania to be closer to his family. When Lion Mel was made aware of our club's plan, true to his character, he made a generous donation of \$1000 to our club with no strings attached.

We love you and miss you, Lion Mel.

FREDERICA SPRING CREEK LIONS CLUB



Our chairman of plastic recycling Lion Sheila Schieferstein is pictured handling our soft plastics collections for Trex Recycling. This project helps keep waste out of landfills and gives our club the ability to have a beautiful sturdy bench made by them that we can donate to a local place in our



Lions Sue and Dan Griffith, Cheryl Marrow, and Bonnie Blades (taking picture) spent a part of July 19th selling car raffle tickets for the Milford Lions at Byler's in Dover. This is a great fund raising project for 2 reasons. We are able to help the Milford Club, and then we are rewarded by them for doing so.

LEWES LIONS CLUB

Lewes Lions upcoming charity golf tournament.



This is our last reminder for the big event. We are asking "all" Lions Club members to help promote this event with your friends, neighbors and local businesses that might wish to golf, become

a sponsor, donate an auction aware Division of Motor Vehicles.

There will be numerous prizes for the golfers and for the raffle tickets. For any questions or if you wish to volunteer, please contact Lion Joe Donohoe. item, or attend the dinner. We have many golfers already signed up for this event. As of this date we're just 4 foursomes short of filling the course, we're getting real close. Also think about the dinner only



option for those of you that don't golf, the evening is filled with great food, fun, Lions Club ticket raffle and of course

the highly acclaimed auction. This year's premier auction item is a 5-digit license plate donated by the Delaware Division of Motor Vehicles.

LORD BALTIMORE LIONS CLUB





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Sorving Humanity ~ Changing Lives

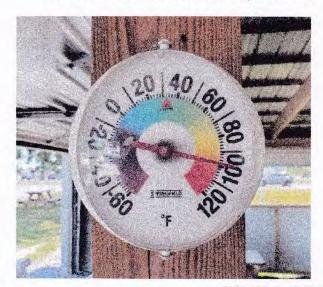
CLUB # APPENINGS

MILFORD LIONS CLUB

In late June 4 Milford Lions, joined by former Lion Tom Mehl & his wife Lucy sold over \$1200 in Program/Yearbooks at the Blue/Gold Game. For the first time, we had competition from an upstate Rotary Club, but surely we prevailed.

July found the Milford Lions Club busy working on building their administrative fund. We assisted with parking at Delaware Turf on the 13th and 15th. Saturday, July 20th found us at the Greenwood Fire Hall to Bar-b-que chicken. Yes, it was hot!

The club is planning for their next stand alone fundraiser, our annual Car Show to be held Saturday, September 28th at the Milford High School. See our ad in this bulletin for further information







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CLUB HAPPENINGS

MILLSBORO LIONS CLUB

The Millsboro Lions had 7 attend the recent Banner Transfer in Dover. This was a first for the club to have this many (full table) in attendance at a district event. We are excited that our new officers are willing to be so active in District events!

Our fritter shack is scheduled to open in the Town Hall parking lot on September 20. And will be open every weekend except Thanksgiving weekend on Friday from 10 to 6 and Saturday from 10 till 2 (or sold



Lion Bea Shockley at the Delaware State Fair

MILTON LIONS CLUB

FYI- The sweet potatoes are growing and should be ready sometime in October.

Upcoming events for the Milton Lions are August 21st the concert in the park will be sponsored by our club and train rides will be free that night.

August 24th will be Bargains on the Broadkill. We will be selling funnel cake and lemonade, giving train rides, and selling car raffle tickets.

August 31st. is the Bluegrass Festival Milton Lions will be working from 11-5.

TALLEMMALLE-MAAMANS LIONS CLUB

Members attended the International Convention in Milan, and the Banner Transfer. We begin meeting in September after our summer break. We also look forward to congratulate our District Governor Kenny and wish him a successful year.

NEW CASTLE HUNDRED LIONS CLUB

Lions Install Officers and Announce Awards

During ceremonies held on June 24, 2019, held at Michael's Restaurant Lion Jan Henion was installed as President of the New Castle Hundred Lions Club for the 2019-2020 Lions Year. Lion Jan will serve her third term as President. Lion Past District Governor Mary Lee Phillips of the Millsboro Lions Club served as the Installing Officer. PDG Phillips first joined Lions as a member of the NCHLC and served as the Club's President. Other Lion officers installed were: Rodney Pratt, 1st Vice President; Kim Burgmuller, Sceretary; Nancy Pinera, Treasurer; Bill Pinera, Lion Tamer; Dan Bungy, Tail Twister; Directors: Jason Casper, Carolyn Travers, Henry J. Patchak, Wendy Campbell, Mary Nash, Henry Chisholm and PDG David E. Jones; Membership Chairman, Stephen Campbell; Immediate Past President, Gary Burgmuller.

In addition to the installation their new officers the Club announced the following award recipients: The PID Gene Polgar Fellow given in honor of the Chief Operating Officer (Retired) for over 31 years of the Lions Eye Bank of Delaware Valley was awarded to three Lions: 1 orayne Titter, Dan Bungy and a Progressive Polgar to Richard Simpson.

Life Memberships in the Eye Bank of the Delaware Valley were presented to Wendy Campbell, Jacob Campbell, Lucy Hitchcock and Walter Cooper.

The Past International Director Ralph N. Helm Fellow, formally a member of the Newark Lions Club, was presented to Lions Lucy Hitchock and Rodney Pratt. PDG Dave Jones was presented a Progressive Helm Fellow for his service on the District Cabinet.

Centennial Membership Awards were presented to Lions Carolyn Travers, Jan Henion and Steve Campbell. The Past International Director James A. McCarty Fellow,



formally a member of the Millsboro Lions Club, was presented to Lions Jim Linus and Stephen Campbell. The Knights of the Blind Award, recognizing Helen Keller's request that the Lions become her "Knights of



the Blind"was presented to Lion Henry J. Chisholm. The Melvin Jones Fellow in honor of the founder of Lions Clubs International was presented to Lion Jan M. Henion. The Club's "Lion of the Year" award was presented to Lion Henry J. Chisholm.

Left: PDG Mary Lee Phillips installs Lion Jan Henion as President of NewCastle Hundred Lion's Club. Above: PDG Dave Jones presents the Lion of the Year to Lion Henry J. Chisholm.

WILMINGTON GATEWAY LIONS CLUB

Eight Lions from Wilmington Gateway attended the Banner Transfer on July 30th: Dianne Campbell-Taylor, Gerri Cochran, Mack Cochran, Wayne Corbin, LaTanya Johnson, Jim Minnich, Judy Morton and Glenda Townsend. Lion Judy received the 100% Clu8ib Secretary Award.

Wilmington Gateway volunteered at the August 3rd Wilmington Manor Health Fair held at Victory Fellowship Church. There were lots of vendors and vision screening being performed.

Wilmington Gateway Lions Ned Brown, Mack Cochran, Gerri Cochran, and Judy Morton presented a Book Scholarship to Tiffany Gray at the Delaware State University FRESHMEN SUMMER SEND-OFF program held at the Wilmington PAL Center on August 10th.



Secretary Judith Morton receiving 100% Secretary from IPDG John

Scholarship Recipient Tiffany Gray



Wilmington Manor Lions at the Wilmington Manor Health Fair held at Victory Fellowship Church



WILMINGTON MANOR LIONS CLUB

Wilmington Manor provided free Eye screening to the Community at the 6th Community Health Fair at Victory Christian Fellowship on August 3rd, 2019.

The event was well attended by the public with 34 vendors. Information on a large variety of subjects was available including exercise demos, healthcare for the elderly, Drug information, blood pressure screening, \$5.00 Hair cuts and much more. 2 Lions Clubs had tables and provided information on becoming a Lion. New Castle Hundred and Wilmington Manor. Our own Joyce Bunkley served as Chairperson for the Health Fair, Thanks Joyce for a Job well done.

Wilmington Manor Lions attending the function : President Gwendolyn, Lisa Stott, Carmen Daniels, Bud Savage, PDG Clarence Brown, and Helen Friend. Also attending was Wilmington Gateway Secretary Judy Morton, who helped with eye screening, and Virginia Brown serving as a host. The club also provided children attending the Health Fair with back to school materials.

Thanks to all the LIONS that participated.